

Diabetes letter

We are writing to invite you for your annual diabetic review.

It is very important that you book for this check as it is vital that patients with diabetes have their condition reviewed regularly, as the condition can lead to other serious health problems.

You will firstly need to make an appointment for a non-fasting blood test and, once the results of this are available (usually within one week of the test), you will be contacted to arrange a follow up appointment.

This is to ensure that you see the right person for follow-up. You will also need to provide an EARLY MORNING URINE SAMPLE in a white topped urine bottle - these can be collected from reception, or you can buy a urine specimen pot from any chemist. An EARLY MORNING URINE SAMPLE means passing urine into the specimen pot on your first visit to the toilet to pass urine after waking up. Ideally do this about a week before your diabetes annual review appointment so the results are available at your appointment. If you are unable to do this in advance, please bring a sample with you to your appointment.

Your test results will be added to your Personalised Diabetes Care Plan.

You can either access your annual diabetes care plan online after the review or you can ask for it to be printed out at the appointment. The best way to read your Personalised Diabetes Care Plan is via Patient Access – our online patient services website. If you do not have access to our online services, please register here: <https://www.patientaccess.com/> . You will need to show photo ID and complete a separate paper application form in person at reception to activate your account. You will then be able to view your care plan in the ‘documents’ section of your online medical record. Alternatively, we can email your Personalised Diabetes Care Plan to you. Please provide an email address and sign the consent form at Reception. If you do not have access to the internet, we can post your care plan but would prefer not to do so as it is more expensive and less environmentally friendly.

If you have been seen in the Diabetic Clinic at the hospital within the last three months, please contact the surgery and leave a message saying when you attended the appointment.