

### **HbA1c letter**

Our records show that you have either previously had a diagnosis of diabetes, or you are at risk of developing it. We like to check every year to make sure that you have not moved into having diabetes without realising it.

Please book in for this blood test with our phlebotomist as soon as possible.

**WHEN BOOKING, PLEASE INFORM RECEPTION THAT THE APPOINTMENT IS FOR An HbA1c BLOOD TEST.**

If it is normal, we may not contact you. If it is raised and shows you have diabetes, we will be in touch shortly. Whatever the result, please remember that it is important to keep healthy with a good weight, eating well and keeping up exercise.